

## Consequences of Population Aging in Iran with Emphasis on its Increasing Challenges on the Health System (Literature Review)

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### Abstract

**Background and objectives:** Nowadays among majority of societies, the problem of aging as a social issue has been concentrated due to its rapid increase and its consequences. Regarding level of its development, each country would face the problem sooner or later but it can be predicted that most societies will encounter the phenomena. According to the present statistics in Iran, the ratio of population above 60 years has been raised from 6.6 % in 1996 to 8.2 % in 2011 and it is predicted that would go up to 22% in 2047. The present study actually tries to highlight the importance of engaging in such imminent phenomena that may cause numerous challenges to the health system.

**Material and Methods:** The present study is a literature review inside which, obtained data from various resources like Statistical Center of Iran, UN's databases, WHO website, English and Persian databases alongside with ISI, Pubmed, Medline and SID indexes, reports by active organizations in terms of aging issues, books, dissertations, journals and finally the magazines about health policies in Iran are collected and processed.

**Discussion and Conclusion:** Aging problem in Iran is going to emerge rapidly, yet without adequate planning and concentration. In addition, there is no enough legal support to settle aged people's affairs. Analysis of present situations and future perspectives can divulge the present challenges, problems and the complication of growing obstacles in a near future. Though it is too late by now, there seems to be inevitable to settle down, support and promote health in aging population.

**Key Words:** Population Aging, Planning, Consequences, Needs, Disease Burden, Health Costs

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